



The 4 Bees Newsletter

'Life in all its Fullness': Believing ~ Being Our Best ~ Being Creative ~ Belonging



Being our Best: Healthy Bodies, Healthy Minds

Newsletter No. 31

4th June 2026

It was lovely to welcome our children back to school on Tuesday with a wellbeing day centred around one of our values '**Being Our Best: Healthy Bodies, Healthy Minds.**' The day was designed to support the whole child, encouraging positive habits for both physical and emotional wellbeing, while creating a calm and purposeful start to the half-term. Throughout the day, the children took part in a range of engaging and enriching activities organised into three sessions:



In our **Spiritual Wellbeing** session, pupils explored the importance of mindfulness and reflection. They participated in a variety of calm activities, learning how to focus their breathing, settle their thoughts, and appreciate the present moment. Children also spent time thinking about thankfulness and gratitude - sharing what they are thankful for and recognising the positive aspects of their lives. Some classes also took part in yoga, helping them to think about relaxation, balance and wellbeing.

The **Physical Health** session was more energetic as pupils took part in a variety of active challenges. Activities included fitness circuits and team games such as Capture the Flag which encouraged skills of collaboration, resilience and teamwork. The children then thought about why exercise is important and how it benefits our minds and bodies.

Finally, our **Nature and Creativity** session provided children with the opportunity to explore the outdoors or connect with nature in other ways. Some pupils enjoyed a sensory walk, taking time to feel the rain and smell the flowers! Other classes took part in observational drawing of flowers and others did mindful art activities, including creating beautiful clay ornaments decorated with flowers.

It was a lovely day which helped set a wonderful tone for the busy term ahead!

Bee Kind Winners

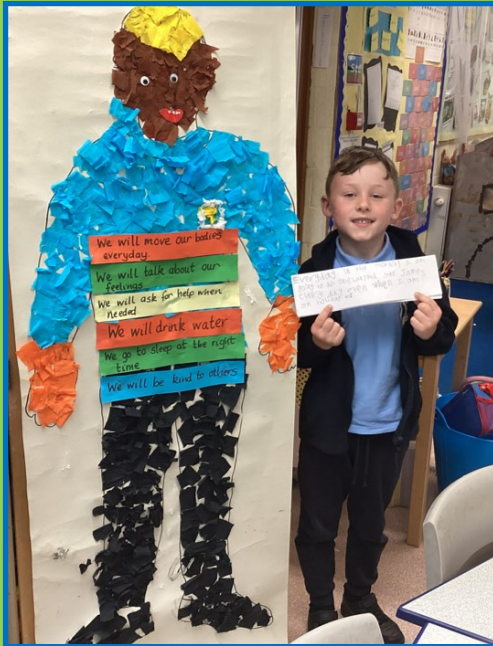
- Reception— Elliott
- Year 1— Jack
- Year 2— India
- Year 3— Alice
- Year 4— Marshall
- Year 5— Jackson
- Year 6— Arsenii

Headteacher's Awards

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|-----------|-------------------|
| Reception | Amelia |
| Year 1 | Bella |
| Year 2 | Rosie |
| Year 3 | Ivy-Mae |
| Year 4 | Olivia and Morgan |
| Year 5 | Phoebe |
| Year 6 | Leni |

Please come and join us tomorrow for our first **Celebration Worship of the half-term at 9.05am**. Please feel free to come in for a tea or coffee beforehand at 8.45am. Have a lovely weekend.

Mrs Vessey





Green-Fingered Gardeners!

It was so lovely to return from half-term and see that all the hard work of our gardeners has paid off! The sandpit is now framed with beautiful flowers and the promise and anticipation of what looks like a giant sunflower on the horizon! Well done to all our keen gardeners in our weekly Gardening/Eco Club - your dedication is truly blooming!

Diary Dates— Summer Term Dates

Great British Athlete Visit—Tuesday 16th June

Fathers' Day Picnic—11.45am—1.30pm Friday 19th June

Year 5 Residential—Tuesday 9th-Wednesday 10th June

Peek into Wagtails—Thursday 25th June 8.45-9.30am

Year 6 Residential—Sunday 28th June—Wednesday 1st July

Puffins Trip to Gibberd Garden—Friday 3rd July

Sports Day—Friday 10th July (doors open for parents 12pm)

KS2 Production—Monday 13th July 2.00pm Dress Rehearsal

Tuesday 14th July 6.30pm, Wednesday 15th July 6.30pm

Year 6 Leavers' Church Service—11am at St Mary's Church, Thursday 16th July

Year 6 Leavers' Service—9.05am Monday 20th July

Weekly Scores on the Doors

Air	142	Well done to Air who are our Housepoint Winners this week!
Earth	128	
Fire	66	
Water	46	

Cookery Club!

Please look out for the flyer for '**Everyone Cooks**' which is a cookery club due to start on Tuesday 8th September. Children create a range of sweet and savoury dishes and learn valuable skills such as cutting, mixing and weighing—valuable life skills!